




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-family: cursive;">January 2019</h1>						
<p>10:00 Mass w/ Father 6 Mike</p> <p>11:00 Coffee Social</p> <p>2:00 Church w/ Chaplain Jim</p> <p>3:00 Resident Choice</p>	<p><u>10:30 Zumba Gold w/ Dorothy- 2nd Floor</u></p> <p>1:30 Bible Study</p> <p>2:30 Movie and Snack</p> <p>6:30 Bingo!</p>	<p>10:30 Chair Exercise 1</p> <p>1:30 New Years Game: <i>Rolling Around the Clock</i></p> <p>3:30 Piano w/ Henry</p> <p style="text-align: center;"><i>Happy New Year!</i></p> <p style="text-align: center;"><small>New Year's Day</small></p>	<p>10:00 Hymns w/ Chaplain Jim</p> <p>10:30 Fitness Club w/ Katie</p> <p>1:00 Communion</p> <p>2:00 Bingo!</p>	<p>10:30 Fitness Club w/3 Katie</p> <p><u>1:00 Solo Cup Challenge – 2 East</u></p> <p><u>2:00 Zumba Gold w/ Michelle- 3rd Floor</u></p> <p>3:00 Pamper Hands</p>	<p>10:30 Fitness Club w/4 Katie</p> <p><u>1:30 Health Seminar: How to Set Goals, Big or Small!</u></p> <p><u>2:45 Guitar w/ Bobby</u></p> <p>6:30 Friday Night Fun</p>	<p>10:00 Jeopardy 5</p> <p>1:30 Bingo!</p> <p>3:30 UNO Cards</p>
<p>10:00 Mass w/ Father 6 Mike</p> <p>11:00 Coffee Social</p> <p>2:00 Church w/ Chaplain Jim</p> <p>3:00 Resident Choice</p>	<p><u>10:30 Zumba Gold w/ Dorothy- 2nd Floor</u></p> <p>1:30 Bible Study</p> <p>2:30 Movie and Snack</p> <p>6:30 Bingo!</p>	<p>10:00 Inspiration w/ 8 Chaplain Jim</p> <p>10:30 Fitness Club w/ Katie</p> <p>1:30 Game: <i>Don't Burst My Bubble!</i></p> <p>3:30 Piano w/ Henry</p>	<p>10:00 Bingo! 9</p> <p>1:00 Communion</p> <p><u>2:00 Resident/Family Meeting</u></p> <p>3:30 Card Bingo</p> <p><u>6:30 Resident/Family Meeting</u></p>	<p>10:30 Fitness Club 10 w/ Katie</p> <p><u>1:30 Mass w/ Father Brian</u></p> <p>3:00 Short Stories</p> <p><u>6:30 Harp w/ Sheryl-3rd Floor</u></p>	<p><u>10:30 Music Memories w/ Dr. Butler- 3rd Floor</u></p> <p>1:30 Fitness Club w/ Katie</p> <p>3:30 Cocoa Café</p> <p>6:30 Nutrition Trivia BINGO w/ Katie!</p>	<p>10:00 Jeopardy 12</p> <p>1:30 Bingo!</p> <p>3:30 Craft w/ Megan</p>
<p>10:00 Mass w/ 13 Father Mike</p> <p>11:00 Coffee Social</p> <p>2:00 Church w/ Chaplain Jim</p> <p>3:00 Scrabble</p>	<p><u>10:30 Music and Movement w/ Lori K.- 3rd Floor</u></p> <p>1:30 Bible Study</p> <p>2:30 BINGO!</p>	<p><u>9:30 Outing: Little Caesars Arena Tour- See Katie for Info.!</u></p> <p>10:00 Inspiration</p> <p>10:30 Fitness Club w/ Megan</p> <p>1:30 Craft w/ Megan</p> <p>3:30 Piano w/ Henry</p>	<p>10:00 Hymns w/ 16 Chaplain Jim</p> <p><u>10:30 Flow and Restore w/ Mandy- 3rd Floor</u></p> <p>1:00 Rosary</p> <p><u>1:30 Mass w/ Father Dehondt</u></p> <p>2:30 Bingo!</p>	<p>10:30 Fitness Club w/17 Katie</p> <p><u>2:00 Zumba Gold w/ Michelle- 3rd Floor</u></p> <p><u>3:00 Foodie Group: Fiber Focus - 1 East Dining Room</u></p>	<p>10:30 Indoor Bowling 18</p> <p>1:30 Pictionary</p> <p>3:30 Happy Hour w/ Mocktails!</p> <p>6:30 Friday Night Fun</p>	<p>10:00 Wellness 19</p> <p>Jeopardy</p> <p>1:30 Bingo!</p> <p>3:30 Bean Bag Toss</p>
<p>10:00 Mass w/ 20 Father Mike</p> <p>11:00 Coffee Social</p> <p>1:30 Ice Breakers</p> <p>3:00 Church w/ <i>Elmwood Park Church of Christ</i></p>	<p><u>10:30 Zumba Gold w/ Dorothy- 3rd Floor</u></p> <p>1:30 Bible Study</p> <p>2:30 Movie and Snack</p> <p>6:30 Bingo!</p> <p style="text-align: center;"><small>Martin Luther King Day Tu B'Shevat</small></p>	<p>10:00 Inspiration w/ 22 Chaplain Jim</p> <p>10:30 Fitness Club w/ Katie</p> <p>1:30 Word Games</p> <p>3:30 Piano w/ Henry</p>	<p>10:00 Hymns w/ 23 Chaplain Jim</p> <p>10:30 Fitness Club w/ Katie</p> <p>1:00 Communion</p> <p>2:00 Bingo!</p>	<p>10:30 Fitness Club 24 w/ Katie</p> <p>1:30 Short Stories</p> <p><u>3:00 Reminiscing Corner: Campbell's Soup Presentation</u></p>	<p>10:30 Fitness Club w/ 25 Katie</p> <p>1:30 Shuffleboard</p> <p>3:30 Yogurt Parfait Social</p> <p>6:30 Friday Night Fun</p>	<p>10:00 Bingo! 26</p> <p><u>1:30 Monthly Birthday Party w/ Cake, Ice Cream, and Entertainment by The Little Big Band!</u></p> 
<p>10:00 Mass w/ 27 Father Mike</p> <p>11:00 Coffee Social</p> <p>1:30 Bracelet Making</p> <p>3:00 Church w/ Van Dyke Church of Christ</p>	<p><u>10:30 Music and Movement w/ Lori K.- 3rd Floor</u></p> <p><u>12:00 Bingo Pizza Lunch</u></p> <p>1:30 Bible Study</p> <p>2:30 Movie and Snack</p> <p>6:30 Bingo!</p> <p style="text-align: center;"><small>Australia Day (observed)</small></p>	<p>10:00 Inspiration 29</p> <p>10:30 Fitness Club w/ Katie</p> <p><u>11:00 Lunch Outing: Ms. Mary's- See Megan for Info.!</u></p> <p>1:30 Pamper Hands</p> <p>3:30 Piano w/ Henry</p>	<p>10:00 Hymns 30</p> <p><u>10:30 Flow and Restore w/ Mandy- 2nd Floor</u></p> <p>1:00 Communion w/ Carol</p> <p>2:00 Bingo!</p> <p><u>4:00 Bingo Shopping!</u></p>	<p>10:30 Fitness Club 31 w/ Katie</p> <p>1:30 Short stories</p> <p><u>3:00 Health Seminar: Cold & Flu Prevention Tips</u></p>	 <p>Find us on: facebook</p> <p>Church of Christ Assisted Living</p> <p>https://www.cofccc.org/assisted-living</p> <p>Click on "Resident News"</p>	