



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					10:30 Indoor Beach Volleyball 1:00 Pamper Hands 2:45 <u>Guitar w/ Bobby</u> 6:30 Friday Night Fun	10:00 Jeopardy 1:30 Bingo! 3:30 Card Games
3 10:00 Mass w/ Father Mike 11:00 Coffee social 2:00 Church w/ Chaplain Jim 3:00 Coloring	4 10:30 <u>Zumba Gold w/ Dorothy- 2<sup>nd</sup> floor</u> 1:00 ConnectFit: Colorado Wildflower Tour – 2 <sup>nd</sup> Floor 1:30 Bible Study 2:30 Movie and Snack 3:00 ConnectFit: Art Group w/ Megan – 2 <sup>nd</sup> Floor	5 10:00 Inspiration w/ Chaplain Jim 10:30 Fitness Club w/ Katie 1:30 Craft: Make Jambalaya Boxes 3:30 Piano w/ Henry 	6 10:00 Hymns 10:30 Fitness Club: Chair Yoga Exercise Video 1:00 <u>Ash Wednesday Mass</u> 2:00 Bingo 3:00 ConnectFit: Pet Therapy Visit w/ CeCe & Joy – 2 <sup>nd</sup> Floor 	7 9:45 ConnectFit: Hymn Songs – 2 <sup>nd</sup> Floor 10:30 Fitness Club w/ Katie: The Swiss Alps 1:00 Short Stories 2:00 <u>Zumba Gold w/ Michelle- 3<sup>rd</sup> Floor</u> 3:30 <u>Irene's 100<sup>th</sup> Birthday Party!</u> 	8 10:30 <u>Music Memories w/ Dr. Butler- 3<sup>rd</sup> Floor</u> 1:30 <u>Presentation: Happy Birthday, Barbie!</u> 3:30 <u>International Women's Day: Tea Party</u> 6:30 <u>Ask the Doctor Documentary &amp; Discussion: Allergies</u>	9 10:00 Jeopardy 1:30 Bingo! 3:30 Comedy Shorts: <u>Kids Say the Darndest Things</u>
10 10:00 Mass w/ Father Mike 11:00 Coffee social 2:00 Church w/ Chaplain Jim 3:00 Reminiscing Game 	11 10:30 <u>Music &amp; Movement w/ Lori K.- 3<sup>rd</sup> Floor</u> 1:30 Bible Study 2:30 <u>St. Patrick's Day Craft w/ Lauri D.</u> 6:30 Bingo!	12 10:30 Fitness Club w/ Katie 11:00 <u>Outing to Ms. Mary's</u> 1:30 <u>Interactive Health Seminar: Sugar &amp; Nutrition</u> 2:30 <u>Current Events Club- 1 East Dining Room</u> 3:30 Piano w/ Henry 4:00 <u>Visit w/ Tenniswood Student Council- 1<sup>st</sup> Floor Lounge</u>	13 10:00 Hymns 10:30 <u>Flow &amp; Restore w/ Mandy- 2<sup>nd</sup> Floor</u> 1:00 Communion 2:00 Bingo 3:00 ConnectFit: <u>Baby Doll Visit – 2<sup>nd</sup> Floor</u>	14 9:45 ConnectFit: Hymn Songs – 2 <sup>nd</sup> Floor 10:30 Fitness Club w/ Katie: Let's Go to the Zoo: Penguins, Polar Bears, & More 1:30 <u>Mass w/ Father Brian</u> 3:00 <u>Foodie Group: Smoothies – 1 East Dining Room</u> 6:30 <u>Harp w/ Sheryl</u>	15 10:30 Football Bowling 1:30 Bean Bag Toss 3:30 <u>St. Paddy's Party!</u> 6:30 Friday Night Fun 	16 10:00 Jeopardy 1:30 Bingo! 3:30 Craft w/ Megan

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>17</b> 10:00 Mass w/ Father Mike 11:00 Coffee Social 1:30 Scrabble 3:00 Church w/ Elmwood Park COC  	<b>18</b> <u>10:30 Zumba Gold w/ Dorothy- 3<sup>rd</sup> Floor</u> 1:30 Bible Study 2:30 Movie and Snack 3:00 ConnectFit: Champagne Bubbles – 2 <sup>nd</sup> Floor 6:30 Bingo	<b>19</b> <u>10:30 Fitness Club w/ Katie</u>  <u>1:30 YouTube &amp; You: Road Technology</u> 3:30 Piano w/ Henry	<b>20</b> 10:00 Hymns 10:30 Fitness Club w/ Katie 1:00 Rosary <u>1:30 Mass w/ Father DeHondt</u> 2:30 Bingo <u>4:00 ConnectFit: Pet Therapy Visit w/ CeCe &amp; Joy – 2<sup>nd</sup> Floor</u>  	<b>21</b> 9:45 ConnectFit: Hymn Songs – 2 <sup>nd</sup> Floor 10:30 Fitness Club w/ Katie: Visit Baltimore, Maryland 1:00 ConnectFit: Hot Potato Toss – 2 <sup>nd</sup> Floor <u>2:00 Zumba Gold w/ Michelle- 3<sup>rd</sup> Floor</u> 3:00 Short Stories	<b>22</b> <u>10:30 Make Fruit Popsicles w/ Asunda</u> 1:30 Indoor Soccer 3:30 Fruit Popsicle Social 6:30 Friday Night Fun  	<b>23</b> 10:00 Bingo  <u>1:30 Birthday w/ Cake, Ice Cream, and Entertainment by Joel Palmer</u>  
<b>24</b> 10:00 Mass w/ Father Mike 11:00 Coffee social 2:00 Church w/ Chaplain Jim <u>3:00 Ask the Doctor Documentary &amp; Discussion: Diet</u>	<b>25</b> <u>10:30 Music &amp; Movement w/ Lori K.- 3<sup>rd</sup> Floor</u> <u>12:00 Bingo Pizza Lunch</u> 1:30 Bible Study 2:30 Movie and Snack 3:00 ConnectFit: Art Group w/ Megan – 2 <sup>nd</sup> Floor 6:30 Bingo	<b>26</b> 10:30 Chair Exercise w/ Megan <u>11:00 Lunch Outing: Beyond Juicery &amp; Eatery- See Katie to Sign Up!</u> <u>1:30 Deaf History Month: Let's Learn Sign Language!</u> 3:30 Piano w/ Henry	<b>27</b> 10:00 Hymns <u>10:30 Flow &amp; Restore w/ Mandy- 3<sup>rd</sup> Floor</u> 1:00 Communion 2:00 Bingo 3:00 ConnectFit: Baby Doll Visit – 2 <sup>nd</sup> Floor <u>4:00 Bingo Shopping</u>	<b>28</b> 9:45 ConnectFit: Hymn Songs – 2 <sup>nd</sup> Floor <u>10-12 Nails by Dorsey School of Beauty</u> 1:30 Fitness Club w/ Katie: Visit Portland, Oregon 3:00 Short Stories	<b>29</b> 10:30 Ring Toss 1:30 Word Games 3:30 Ice Cream Social 6:30 Friday Night Fun	<b>30</b> 10:00 Jeopardy 1:30 Bingo! 3:30 Craft w/ Megan
<b>31</b> 10:00 Mass w/ Father Mike 11:00 Coffee Social 1:30 Scrabble 3:00 Church w/ Van Dyke COC	  					



Church of Christ Assisted Living