



**MARCH 10, 2019 TO  
MARCH 16, 2019**

**Breakfast Served at 8: 7:40AM**  
**Lunch - Served at 12: 11:40PM**  
**Supper - Served at 6: 5:15PM**

EAT WHOLE GRAINS

EAT WHOLE GRAINS LENTEN FRIDAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OATMEAL BOILED EGG CHOICE OF TOAST Hot/Cold Cereal CHOICE OF JUICE	CREAM OF RICE POACHED EGG CHOICE OF TOAST Hot/Cold Cereal CHOICE OF JUICE	OATMEAL FRIED EGG CHOICE OF TOAST Hot/Cold Cereal CHOICE OF JUICE	CREAM OF RICE SCRAMBLED EGG SAUSAGE HASHBROWNS CHOICE OF TOAST CHOICE OF JUICE	OATMEAL BOILED EGG CHOICE OF TOAST Hot/Cold Cereal CHOICE OF JUICE	OATMEAL SCRAMBLED EGG CHOICE OF TOAST Hot/Cold Cereal CHOICE OF JUICE	CREAM OF RICE PANCAKES TOAST/SYRUP BACON Hot/Cold Cereal CHOICE OF TOAST CHOICE OF JUICE
BREADED VEAL CUTLET HOMEMADE MASHED POTATO GRAVY BUTTERED GREEN BEANS  CREAM PIE	GARDEN SALAD DRESSING PENNE WITH MEAT SAUCE FRESH BAKED ROLL  HOMEMADE PEACH CRISP	HOMEMADE POTATO SOUP TOASTED CORNED BEEF SANDWICH  CHILLED FRUIT CUP	GRILLED CHICKEN BREAST OVEN ROASTED POTATO VEGETABLE BLEND  SUGARFREE COOKIES FRESH BAKED COOKIES	SLOW ROASTED PORK LOIN IN GRAVY COUS COUS ROASTED CAULIFLOWER  SUGARFREE ICE CREAM CUP ICE CREAM CUP	<b>GARDEN SALAD</b> HOMEMADE CLAM CHOWDER OR HOMEMADE CHICKEN CHOWDER FRESH BAKED MUFFIN S/F CAKE HOMEMADE CAKE	BBQ CHICKEN ROASTED SWEET POTATO STEAMED PEAS&CARROTS  S/F PUDDING HOMEMADE MOUSSE
HOMEMADE CHICKEN & RICE CASEROLE FRESH BAKED ROLL  CUP OF SHERBET	HOMEMADE LENTIL SOUP HOT ROASTED PORK SANDWICH RED CABBAGE & APPLE SLAW S/F CAKE HOMEMADE CAKE	HOMEMADE BEEF POT PIE FRESH STEAMED CARROT  WHIP CREAM TOP GELATIN	HOMEMADE BROCCOLI CHEDDAR SOUP TOASTED RIBLETTE SLIDER CHIPS  CHILLED FRUIT COCKTAIL	HOMEMADE STUFFED PEPPERS HOMEMADE MASHED POTATO  WHIP CREAM TOP SWIRL PUDDING CUP	FRIED FISH GARLIC WHIP MASHED POTATO GRAVY BEETS  BANANA CREAM	HOMEMADE SPLIT PEA SOUP HOT DOG WITH CHILI FRENCH FRIES  S/F COOKIE FRESH BAKED COOKIES

MENU CAN BE ALTERED TO  
ACOMIDATE DIETS

**Note: The following alternative items are available to order. They may take up to 15 minutes to prepare**

GARDEN SALAD&DRESSING, Homemade  
soup,PEANUTBUTTER&JELLY,GRILLED  
CHICKEN,BLT,PIZZA,MEATLOAF,HOT DOG, GRILLED  
HAMBURGER,EGG SALAD SANDWICH,GRILLED CHEESE SANDWICH